

## Natural Medicine Cabinet 2014

A natural medicine cabinet is a must have for every health conscious family to deal with common health issues such as infections, fever, wounds, allergies, stomach ailments, trauma and injuries. The following are my suggestions, drawing from years of experience.

### Natural Anti-infective

**Thymus Life Force** - glandular & herbal formulation builds immune system and fights infection

**UTI Max** - herbal antibiotic formula useful for a number of genital and urinary conditions

**Argentyn 23 First Aid Gel** – natural antibiotic gel for scrapes, burns, herpes, fungus, eczema

**WO Oil** - herbal oil formulation that is anti-viral, anti-bacterial and parasitic

**Olive Leaf Intrinsic** – herbal natural antibacterial/antiviral – bio-dynamically raised herbs

**Mycellia Intrinsic** – medicinal mushroom blend enhances immune system, anti-bacterial, anti-viral

**Argentyn 23 or other colloidal silver spray or liquid** – natural antibiotic, anti-fungal

### Natural Anti-histamine

**Alli-Hist** - herbal formula to support respiratory function

**Naso Repair** – natural nasal spray with natural antibiotic activity, temporary relief of sinusitis discomfort, colds, flu, fever, coughing, congested nose and allergies

### Natural Anti-inflammatory

**Bio-Inflammatory Plus** - nutritional and herbal support to inhibit the synthesis of prostaglandins and thromboxanes. Helps reduce symptoms of discomfort and stiffness.

**MSM Moisture Crème** - helps skin problems, muscle and joint pain, injuries

**Muscle Aid** - helps relieve the stress in tired muscles and improves cellular energy

**White Willow Plus** – super strength herbal pain relief and anti-inflammatory, including for headaches (contains caffeine anhydrous)

### Natural Emotional Balance

**Ultimate Rescue** – homeopathic aid for anxiety, stress, emotional trauma

**Relax Millieu** – homeopathic aid for hyperactivity, anxiety, insomnia, depression

### Natural Immune Support

**Flora Syntropy** enhanced gut health, for constipation, diarrhea, gas and bloating + anti-infection

**Flumax Pro Spray** – flu prevention and relief of fever, chills, weakness, headache

**Gripiapro X-1** for temporary relief of cold and flu symptoms for upper respiratory system

**Throat Spray Millieu** for relief of sore throat, inflammation, for allergies or infections

**Lymph 2 + Drainage Millieu** – 2 lymphatic and drainage remedies for infection & toxin elimination

**Vaccine Tox + Flu Millieu** – 2 homeopathic remedies for toxin elimination post vaccines/flu shots

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