

BUILDING WEALTH IN CHANGING TIMES

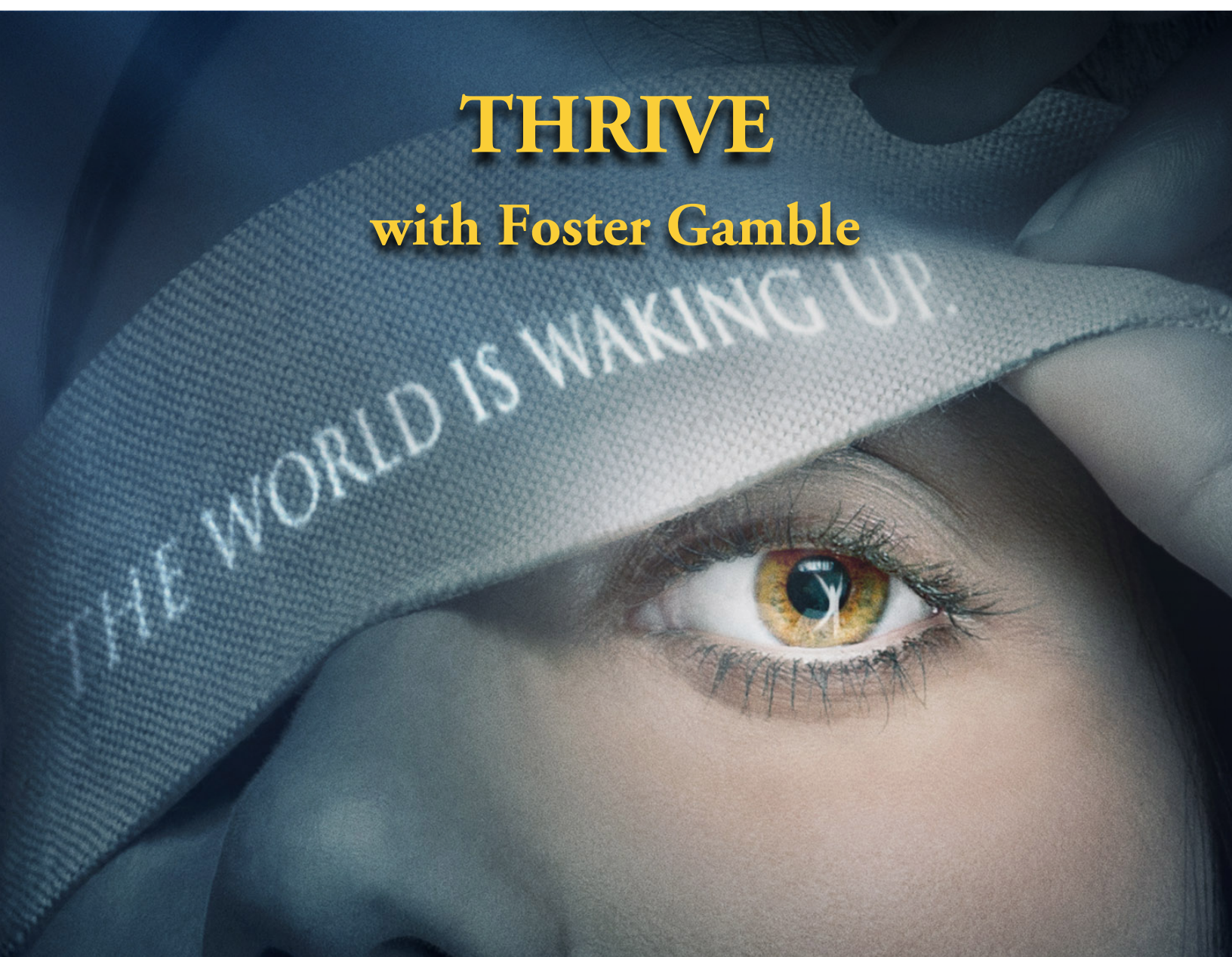


The Solari Report

DECEMBER 1, 2011

THRIVE

with Foster Gamble





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C. AUSTIN FITTS: Before I finish *Money and Markets* I want to turn to our hero of the week and of course you won't be surprised to know that of course it's Foster Gamble. So let me introduce Foster to you. I met Foster and his remarkable wife Kimberly in 2006 when they were filming *Thrive*. They began filming then and I was introduced by Adam Trombly who the subscribers know. We've had Adam on *The Solari Report* twice this year and those interviews have really developed quite a remarkable following among *Solari Report* subscribers for Adam. I stayed in touch with Foster and Kimberly and communicated with them as they continued to work on *Thrive* and *Thrive* evolved, and I've become extremely committed to seeing their effort succeed.

So I just warn you I have an important prejudice here.

I think if I could underscore one word for why I feel this documentary and this effort is so important, the word is coherence. This is the most coherent effort yet in a video or documentary or even - that I know of - text form to create a real breakout, breakthrough pathway to a very different future than the reality track we're headed on now. For many years I've found myself very much on an individual pathway. I keep trying to network with other people and other groups, but every time I try they self-censor. They self-censor into right versus left or democrat versus republican or, "Oh, we can't look at that topic. That's too far out."

And the problem is that you can't get to the power of real solutions unless you're willing to face reality, and reality means looking at a whole bunch of topics that have been made socially unacceptable for the very reason that's a very effective tactic. It's a very effective control tactic. So I think looking at reality and not self-censoring is critical, but then it's also critical to have a goal of thriving. I mean we don't just want to survive,



we want to thrive, and if we're going to thrive it has to be everyone. That starts with the power of personal responsibility in action. There's no point in yelling at the people doing this or proposing that we change presidents or political parties.

The real power comes when we start to act in our own lives, in our own networks, in our own families, and then as that happens we start to network out and go to greater groups of action. So it comes down to me and the changes I can make at an intimate level.

Finally as those of you who've seen *Thrive* know, real change has to be based on a love for humanity and the extraordinarily beautiful planet we live on, and *Thrive* is rich with the love and appreciation for both of those. So with that long introduction it's my pleasure to introduce you to Foster Gamble who's the creator, the writer, and the narrator of *Thrive*. So Foster, how is Santa Cruz?

FOSTER GAMBLE: Oh Catherine, it's so nice to be here with you finally. I've been an avid listener to *The Solari Report* for a long time and envisioned that one day I might get to have that conversation with you, with your community, and it's just such a thrill to be here. Auspiciously enough we're having the first giant windstorm of the year. The wind is whipping outside the house, blowing things all around, and it's very appropriate for the topics I know we'll be exploring.

C. AUSTIN FITTS: I talked to somebody in the East Bay and they said the wind was incredible, so I guess it's there too.

FOSTER GAMBLE: Yeah. It's at an unusual level that I may not have seen since I moved into this house about six years ago.

C. AUSTIN FITTS: Well I want you to start, Foster and tell us the story, because I really see this as the hero's journey of how you came to want to do *Thrive* but then as you began the process of writing and interviewing, of the story and the documentary evolving. So take us back to how you started to do this and what happened along the way.



FOSTER GAMBLE: Well I think probably the starting point as I described in the movie was when, well first of all in elementary school I had an awakening moment when I was under a desk and the air raid siren was going on. We were having a drill in case of a nuclear explosion and I thought to myself, I don't think this desk is going to handle it, and that was the moment when I thought, you know, maybe the adults who are supposedly in charge have not got this thing figured out.

So that was a lingering concern for me and then a few years later I was 14 years old. I was riding on a school bus and looking out the window at the lights blinking through the trees and I kind of went into this reverie and had this vision of this whirlpool vortex, and then I saw the solar system in the vortex with the sun at the center and the planets going around, and then that transformed into an atom, the old billiard ball model of the atom with the nucleus at the center and the electrons going around and I said, a-ha, somehow they're the same pattern. Then chills went through my entire body and I had this visceral sense that somehow I was that same pattern, about halfway in between in scale between a tiny atom and a vast solar system, and I had no idea what that meant. I just knew that it was one of the most powerful experience I'd ever gone through.

So at that point I became Richard Dreyfuss with mashed potatoes making the mountain in Arizona, and I would spend all my extra time up in the physics lab trying to recreate what I had seen. People would kind of wink and nod about my little project off in the corner, and finally I had enough glass blocks that I had bent light coming out of the light projector around in a circle, and finally the light came in on itself and created this floating ring of light, and I said to everybody, that's it. That's what I've needed to do and they go okay, great, it's pretty, but what is it? And I said, "I have no idea, but that's it. That's it right there."

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So gradually over the years I came to realize as I was studying physics and studying geometry and cosmology with people like Mr. Fuller and Arthur Young and Walter Russell I came to know this as the torus. I keep getting this image that talking about the torus is like a couple of fish swimming around in the ocean saying, “Hey, there’s this other fish that made a documentary about this thing called water. Sounds kind of interesting, but I don’t really know what it is.” Because fish don’t talk a lot about water and we don’t talk a lot about the torus and yet we’re completely made up of torus energy forms.

For those not familiar the torus is a donut shaped vortex, a whirlpool of energy, and the key thing is it’s the only pattern in the universe which sustains in a continuous medium. So it’s like a smoke ring in the air or a whirlpool in water, but it’s also the electromagnetic field around a live seed or around a human body or around a planet or a solar system or a galaxy, and it really is what the universe does. It’s the blueprint for sustainability. So given our evolutionary imperative to try to survive the predicament we’ve created for ourselves here, it dawned on me that this could be really useful to study the torus and figure out how could we apply the principles of sustainability that nature is showing us at every turn to our own energy systems and our own economic systems and communication systems and so forth.

So that was really the first trigger for me in terms of the whole kind of scientific visionary aspect of it, and I’ll add one more piece, which was when I was graduating from college. I had created the filmmaking department at Princeton because they didn’t have one and I wanted to be making films, but I came to realize I had nothing to say that was worth all that time and money and technology for a feature film, so I looked around and I realized that we were destroying the environment, I was still afraid of a nuclear holocaust, and we were invading Cambodia for some reason that I couldn’t understand at the time. So I found out at that time that I was going to inherit some money from my grandparents, not a ton of money but enough, a substantial amount that if I managed it carefully I could decide what I wanted to do with my life rather than just check into a 9 to 5 job.



So then I had to ask the question, okay, what's my life about? And I remembered dedicating my life to finding out what is in the way of our thriving, and if I found that out and found a way out that's the film I would someday make, and I thought it maybe would take five or ten years. Well here we are 45 years later and this is finally the film.

C. AUSTIN FITTS: It's amazing when you think how hard it is on this planet to learn about what's really going on. I mean think about it. We live all of our lives on a planet where it's almost impossible to get the information we need to function on the planet.

FOSTER GAMBLE: Yeah. That's been one of the most startling realizations for me is to realize again and again that virtually everything I thought I knew in fact isn't true, and I have to acknowledge you, Catherine as being one of my main wakeup calls along the way. Given what you had gone through and what you knew firsthand I've been able to learn from you over the years and start to get a sense of the map that I had been so sorely lacking and certainly wasn't available in any school or most books that I was exposed to.

C. AUSTIN FITTS: Well you know one of the things people used to always tell me about the fraud, and I'd say look, I was the FHA Commissioner. I would've known that this was going on, and it took me years to go back and unpack how could it have been going on and me not know?

FOSTER GAMBLE: Yeah.

C. AUSTIN FITTS: To me that was the big obstacle I had to get over. Of course the Department of Justice made sure I got over it.

FOSTER GAMBLE: One of my other most important teachers was my own son who's just turning 31 in a week, and I encourage all of you out there if you're not already really pay attention to this younger generation coming up and to your own kids. The fact that they haven't been on the planet as long doesn't mean they don't know really important stuff because he out of college decided to spend his life following the money, trying to figure out how the world really worked, and once he found that out then



he would know how to devote his energies in the most highly leveraged way.

So he spent about six years on that and came to me as I was beginning to film and he says, “Dad, I think there’s some things you really need to understand before you finish this film.” He began to teach me and it cohered with everything that you and Daniel Sheehan and other people were telling me, and so he was a major influence in my life in terms of the money scam, in terms of the agenda that was going on for centralization and control as well as the whole liberty perspective, which I think is a key part of the solution path, the way out of it.

C. AUSTIN FITTS: One of my favorite, favorite parts is when you go into individual rights and responsibilities, because I think such an effort has been made to come up with oh, the problem is this and the solution is the collective. We need to all stop caring about the individual and start caring about the collective and you’ve really just nailed that whole issue. It’s very clear. It’s very good.

FOSTER GAMBLE: Well thank you. It’s the most challenging conversation at all. People think is it strange going out into the world and talking about UFO’s and free energy and conspiracy and this kind of stuff. I say as radical as that sounds to people who haven’t actually explored the evidence, the most ironically challenging thing is talking to people about liberty, because on the face of it it’s the one thing that everybody agrees to. They don’t want to be violated or have their stuff taken against their will. It’s the one thing everybody agrees to at least for themselves.

I did run across some people who think they should be able to do that to others, and people say isn’t that the golden rule? It’s so obvious. So I need to say to people if liberty really is the core what I call navigating insight for a sustainable civilization on planet earth, then if we turn around and look, okay, how quickly do we violate that as a civilization, virtually every country in the world has some sort of centralized government, which has always based on involuntary taxation, which is based on the threat of violence. If you don’t give them your money they will come with guns and take you to jail or shoot you, but nobody talks



about this. I didn't even think about it.

So the big challenge is then if we're going to build a civilization where we don't violate each other, because as soon as you introduce that kind of authorized violation you're off to the races in terms of creating a state and the state is the greatest purveyor of violence in the history of the planet. So it's an obvious formula when you step back and look at it, but it's still a very new and challenging conversation for most people.

C. AUSTIN FITTS: One of the things that amazed me, again I was at this conference in Switzerland for a week and it was very committed people, very committed to bringing about positive change, and I got very frustrated on the individual rights issue and finally I just said, look, if the fundamental transaction is two people and I need to understand you and respect you if I'm going to figure out how to align with you I need to give you energy in a way that gives me energy. That's the beginning of optimization between two people whether we're dealing with time or money or any other kind of resources or agreement, and that's the fundamental integrity of our covenants comes down to the ability to align, but to align I've got to respect you and respect whatever your goal is in life and take the time to understand it.

So I said okay, let me just give you a demonstration of this. Let's go around the room and I want you to explain to me concretely what the needs of the person to your right are, and we went around the room and essentially what we were able to prove is nobody bothered to figure that out, you know? And so it's a deep cultural, it's not just a legal or regulatory issue. I mean this is a deep cultural issue.

FOSTER GAMBLE: Yeah. I think the most important issue that we need to learn about if we're going to make it as a species, because we were talking about the torus pattern and when you recognize the torus pattern at a

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technological level you can create a nonviolent harmonic resonance instrument, which will pour out clean, abundant energy, and when you recognize the torus pattern as an optimized economy as you describe in the film when it's not being devoured by a tapeworm inside, then you can actually have a sustainable economy. But when you take that same torus lens and look at humanity, one of the critical things that I've learned was that the fundamental torus of humanity is not the collective, it's the individual, because we are each individuals. The collective is only an abstraction. It's a collection of individuals, so unless individuals are honored we introduce the authorized violation.

C. AUSTIN FITTS: We've had – I don't know if you know Bill Tiller, but Bill Tiller was on *The Solari Report* two weeks ago and I asked him what he thought of community prayer meditation. He said actually it's only effective if each individual is coherent. If the individuals are not coherent then you just increase the incoherence of the system.

FOSTER GAMBLE: Yeah.

C. AUSTIN FITTS: And for a couple days I just had to keep stopping and thinking about that, but without -

FOSTER GAMBLE: It's kind of the mathematics and the physics of your decentralization model or from Elizabeth Sahtouris' point of view it's the empowerment of all parts that a healthy living system needs.

C. AUSTIN FITTS: Well so let's step back and go through the suppressed technology issues. The way you open *Thrive* is very strong in that point and I think it's an important point because I often tell people there is no economic problem. We have a political problem, but there is no economic problem. Once you understand the technology it's easy to see that. So the way you come out and hit that hard at the beginning of *Thrive* is terrific.

FOSTER GAMBLE: Well I didn't know where this quest for this fundamental energy pattern would lead. When I look back on it, it just makes me chuckle because one of the first places that it led was into the whole



alternative energy realm, because as I mentioned there are numerous scientists around the world who have developed devices like Adam that can access this energy of which we're made, not the explosion energy or the death side of the toroidal cycle of radiation, which is really the only side that the traditional physics has studied but that can actually access the inward wave, what we call the general active rather than the radioactive side. It's the life force. It's what coheres a seed, a live seed or a fetus or spins off a black hole.

So when I got to meet some of the inventors who have successful devices I began to realize that the geometry that I'd been studying was in fact the common denominator in all these laboratories. There are numerous ways of accessing this energy, but the common denominator is that they all mimic the torus because first of all it's sustainable, secondly it's an open system, so anybody trying to create this free energy device in a box or in a sphere it either freezes or it fries because you're trying to contain this open energy. So it needs to be the toroidal form in every magnet, every electromagnetic field has this same form.

So I was really thrilled when I got to go around and visit a number of labs and actually when my wife and I saw some of these devices working it just made us cry to realize that the technologies are already on this planet that obsolete, having these wars of aggression to steal other people's dinosaur bones and oil and to pollute the skies and just go with this whole model that ultimately leads to nuclear fission, to realize that all of that is unnecessary was one of the most moving experiences of my life. So I was really encouraged by that and of the laboratories that I visited, virtually all of them have been raided and shut down, and the inventors have been threatened. Some of them have been poisoned. Some of them have been microwaved.

One of the gentlemen who writes about these devices, Eugene Mallove who published *Infinite Energy Magazine* was mysteriously bludgeoned to death right before he was going to go on Coast to Coast to talk about a new technology had just come out. So the unfortunate part of this news for anyone who doesn't know is that this alternative is being brutally suppressed by the powers that be who want to capitalize on their



ownership of oil, coal, and natural gas reserves, but much more importantly than just the money is that they are using control of energy to take over control of people's lives. So it seems apparently that they will stop at almost nothing to keep these devices from democratizing energy worldwide.

C. AUSTIN FITTS: The other thing though is oil is very tied to the currency, so if tomorrow free energy started to spread on an open source basis, the dollar and the euro would be in very deep doo-doo.

FOSTER GAMBLE: Right. Of course they are already, but yes it would accelerate it.

C. AUSTIN FITTS: So the other thing you go into, you go into the story of Royal Rife who's one of my favorites and the suppression of healthcare technology as well.

FOSTER GAMBLE: Well as I've followed the money through all of what we call the 12 sectors of human endeavor, we've got a whole systems thinking model that includes health and justice and spirituality, science, relations, infrastructure, education, etc. There are 12 areas that seem to encompass human activity. When I followed the money in all of those different sectors it always went back to the same few families and fundamentally they had gained their wealth not because they're any better or smarter than the rest of us but because they've been at the center of the banking scam for centuries.

When I looked into the health field it was a really devastating one for me to see because probably every listener that you have has been close to or has even experienced personally the devastation of cancer and other viruses for which there have actually been developed very effective cures in many cases. I was distressed to find out that the Rockefeller funded AMA had suppressed numerous inventions and chemical treatments and so forth, natural treatments that had been effective in curing cancer, and one of the most pronounced for me was Royal Rife who had developed the state-of-the-art microscopes. So he was able to see cancer cells in viruses at a level that no one had ever seen, but he understood vibrations -



C. AUSTIN FITTS: As living systems instead of dead.

FOSTER GAMBLE: What's that?

C. AUSTIN FITTS: The beauty of those microscopes is he could observe the living cells and how they react dynamically.

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FOSTER GAMBLE: Exactly, and he had an understanding of vibration, of energy, such that he postulated that each one of those types of cancer cells or viruses would have a characteristic frequency, and he in fact measured them and found out that they did each have frequencies and then he created this frequency generator, which he could beam particular frequencies into the body that would destroy only that particular cell that had that characteristic frequency and then unlike radiation and chemotherapy and so forth it would not destroy its environment at all. Then he would do a treatment, the cells would burst, the toxins in the cancer cells would be cleaned out by the lymphatic system within three days and he'd do another treatment and within a few months I mean the AMA actually gave him something like 30 terminally ill cancer patients to test him out and he cured them all within a few months, and that's the point at which one of his labs got burned, a frivolous lawsuit was filed, and basically they put him out of business.

C. AUSTIN FITTS: I think you said this to me, one of the reasons you have to talk about UFO's when you talk about free energy is because someone will say, “Oh well that's stupid, you should never go into UFOs”, and I said, “Wait a minute, do you really think the UFOs are getting their energy at an Exxon Mobil gas station?” And that's when everybody realizes they're not running on fossil fuel.

FOSTER GAMBLE: Adam Trombly summed that up so nicely in our movie where he said that the suppression of the UFO's goes hand-in-hand with the suppression of free energy because if you release the real information about UFO's the populations are going to start saying, “Whoa, how do



they get here?

How do they drive those things?” Because getting here on fossil fuel even if you can carry it would take about 300 generations from the nearest star. So obviously that’s not what’s happening. They’re accessing energy from the space around them and probably in a way that alters space/time itself and that allows them to travel these vast distances in a relationship to space/time that let’s say is beyond what we know.

C. AUSTIN FITTS: Well I truly believe, Foster, that some of them were made by Lockheed Martin.

FOSTER GAMBLE: Well a lot of UFOs are but not the ones that are coming in from outside our solar system.

C. AUSTIN FITTS: Right. Somebody said to me today, “Oh, I finally figured out what AT&T stands for. It stands for alien technology transfer.”

FOSTER GAMBLE: Getting warmer.

C. AUSTIN FITTS: Yeah. So when you sat down and realized that you were going to go into sort of these things that have been so long suppressed and so dangerously suppressed, how did you come to grips with that? How did you feel about that?

FOSTER GAMBLE: Well it’s really interesting because that one was not a big challenge for me even though almost everyone except Kimberly and you advised me not to go into this or that. I have always been what Bucky Fuller calls the comprehensivist. I just like to put the pieces together and see how the whole is working. So I realized that my mission was to connect the dots, not just to take one dot and do an entire documentary about it.

There’s been a lot of wonderful ones of those, but I hadn’t seen one really cohering the whole picture, and I knew from you and Adam and others that there would be risks involved in unveiling these truths and as you said showing the coherence of all of this, but I have children and I



have grandchildren and I have many loved ones and supporters around the world, and for me what would've been scary was to sell out what I had learned and just go drink mai tais on a beach in Guam or something like that the rest of my life and basically cower from these very few people who are perpetrating this agenda and let them continue to destroy the world that my grandchildren are going to live on. It's absolutely unacceptable. So someone asked me once as we were starting into the musical score of the film, one of the musicians when he realized what it was all about he said – go ahead.

C. AUSTIN FITTS: No, you go.

FOSTER GAMBLE: Just to wrap up on that, this musician who helped on our score, Dan Alvarez, he said, “Well what are you scared of after the film?” And I looked and I said, “Well really the only thing I would be scared of is if I put in all this work and made this offering and it were ignored.” That would be much scarier.

C. AUSTIN FITTS: That's never going to happen.

FOSTER GAMBLE: I don't think so.

C. AUSTIN FITTS: No, I don't think so. Well it is coherent and the power comes from that. When I saw it the first time at the premiere it was a little bit – it was so powerful because of course everything in it is something I know or I've talked with you about before, but when you see it in that kind of quality, because not only is this the first really coherent but this is a really Hollywood quality production. That kind of quality, Foster is reserved for disinformation, and so to see that kind of quality reserved for the truth or used for the truth, it gives it a power, and it's kind of like oh, this really is all really true. It gives it a power that it's never had before and watching it I realized, whoa, the combination of the coherence and the quality is very, very – this is a new thing. I think it's going to be a really breakthrough experience.

One other thing I wanted to bring up while we still talk about the issues, I think another really marvelous thing about *Thrive* and the creation of



Thrive was you and Kimberly were just – it was a very powerful collaboration between you and Kimberly really looks at it from the feminine side, and you were really looking at it from the male side. It's kind of magical the way it balances back and forth and back and forth and back and forth. I thought some of her segments in the movie are just – I tend to be fairly jaded having been through many of these issues, and then Kimberly will sit down and say, “This really hurts”, and I'll go, “Yeah it does, but I would never have admitted that, Kimberly, if you hadn't made it somehow okay for me to admit that.” So it's a quite remarkable thing and I think real solutions do require that very positive relationship and balance between male and female, and that's another thing you got in there.

FOSTER GAMBLE: Well thanks for bringing that up. As you well know knowing me, Kimberly is my favorite topic, and I am just so blessed to be married to this remarkable woman and to be able to co-create *Thrive* with her was not only a fantastic opportunity but it was necessary to bring the feminine and masculine perspectives and energies into harmony, which was no small challenge. As compatible as we are, we figure there were several million decisions, financial, technical, artistic decisions involved in this, and we decided right from the beginning that when we finished there would be no cringe factor for either of us in watching the film.

So we were going to actually end up agreeing on everything without compromise. So it wasn't, okay, I'll cringe here if you cringe over there. We're going to keep going until we find the level of the script, find a level of the story, of the artistic rendering and so forth where we both go, “Yes, that's it”, and that really extended out to our whole kind of nuclear team. Another thing I want to say about what she's brought to this besides her own emotional vulnerability and her remarkable insight, very clear for anyone seeing the movie, is that she was the director coaching me on how to tell the story on set. I am a reasonably soft spoken person anyway, but when I get into these topics and particularly when I'm talking about what the powers that be are doing to billions of lives, I can get pretty intense and wound up around that.



She kept saying to me, “If you’re open to this I think we have an opportunity here for you to tell the story, give people the information from your confidence about the way out that we have found but not to fill it with your own emotion, instead to allow people to process the information and have their own emotional experience.” I wasn’t sure exactly what she meant with that, but I was very open to it. I have real respect for her insights in that way. So she was directing me and finally on the set she said, “Yes, that’s the quality I was looking for” and I came off the set after a take and I looked around and most of the crew was in tears.

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C. AUSTIN FITTS: Wow.

FOSTER GAMBLE: And I thought, you know, something just happened here, and I was asking people and it was exactly what she had predicted. So that’s really the tone that we went for and we’re seeing with letters that we’re getting from all over the world probably even more women than men, that women are being drawn to this information in a way that they had been put off previously, very often by just that it was done scientifically or it was an angry male ranting, and the information was there, but the tone wasn’t really inviting or safe. So I will be forever grateful and the world is for Kimberly bringing in that feminine energy in so many ways in this project.

C. AUSTIN FITTS: Well tell us about what has happened, because I said the only way I will get to talk to Foster is if we do *The Solari Report*, because I can’t imagine the kind of feedback you’re getting. Again you’re in ten languages, correct?

FOSTER GAMBLE: Yes. We set out to offer a global conversation changer and that necessitated we provided in lots of languages, and we’re so glad that we did because it’s just starting to hit into other countries and we’re starting to get all of these letters that we can’t read but we get translated. In terms of the response we intended a big impact, but you never know,



and it's beyond anything that we had even imagined. We were both really concerned that having this much intense information boiled down to two hours when it took me decades to process it emotionally and to integrate it intellectually might be overwhelming for people, and we're not finding that at all.

Even though it's a lot, people are thanking us for respecting their intelligence, for conveying the information in a context of our absolute reverence for the beauty of nature and our honoring for the incredible awesomeness and power of the human spirit, also in the context of solutions, which are equally coherent and even more so to the problems that we're unveiling. So we're finding hardly any controversy whatsoever about the content. The conversation is about, okay, given that, what can we do about it?

C. AUSTIN FITTS: Right. So I know the trailer has gotten about 650,000 views. Tell us a little bit about your marketing. To me this marketing is going to be a two-year launch, don't you think?

FOSTER GAMBLE: Oh, at least, yes. I have several friends who are independent filmmakers whose documentaries were about challenging topics where it continued to ramp up in the second and third year. I wouldn't be surprised if this does that especially because of what we're seeing that virtually universally people are wanting to share this with their family. Even though it's challenging information people had viewings with their family over Thanksgiving, they're giving it as stocking stuffers.

That I had not predicted. We're thrilled to see it and yes, several hundred thousand people have already seen the movie and it's just spreading like crazy through word of mouth. I think a lot is because we've released it on the Internet rather than just trying to go with a minimal marketing budget into theaters, which kills so many documentaries.

C. AUSTIN FITTS: Right. Well we've got a couple questions, so let me just put some to you. One is opposition. What's the kind of opposition you've



run into and what have you done about it?

FOSTER GAMBLE: Well somebody asked me in an interview yesterday, “Have you received any death threats?” and I hadn’t thought about that, and I was happy because it hadn’t even crossed my mind and we haven’t received a single letter like that.

C. AUSTIN FITTS: Really?

FOSTER GAMBLE: That’s unheard of given what we’re dealing with. So I think people are getting the coherence and I would say the only opposition that we’re getting, it was mostly to the trailer because people said oh, he’s a Gamble from Proctor and Gamble so he must be a corporate shill. Then we had not anticipated that our cover poster has this Hispanic woman lifting a blindfold just to kind of symbolize humanity waking up from how we’ve been duped, but it turns out it was kind of in a triangular form, so immediately that became the illuminati all-seeing eye, and because we released it on 11-11 it was some sort of a cult thing.

That has virtually completely died away once the film came out, and it’s kind of hard to argue that Kimberly and I spend our entire lives dedicated to this and then giving away this vast website and all the information that is very coherent working exactly against the agenda. It’s kind of hard to make a case that we would somehow be actually working for it. So there are the expected sites debunking *Thrive* where nobody identifies themselves as the person behind the site. I’ve seen it for years. I’m sure you’ve seen a lot of this too where somebody is getting paid somewhere just to create a site and try to insult us and undermine our credibility because they can’t really go after the information or the facts. That’s fully documented and fact checked and all that.

C. AUSTIN FITTS: It’s funny, once in a while I’ll bump on to one of those or somebody will send it to me and I start to laugh and I say, “Well Foster and Kimberly, welcome to my world.”

FOSTER GAMBLE: Yes. You have prepared me well.



C. AUSTIN FITTS: Of course the important thing is to just ignore it and keep feeding your attention to the people who are using *Thrive* to really get something done. Okay, next question, Alex Jones chooses anger and yelling, Catherine giggles sometimes when delivering bad news. What was your response to the worst thing you've experienced so far? How did you learn to deal with it personally?

FOSTER GAMBLE: The worst thing I've experienced, does that mean since the film came out?

C. AUSTIN FITTS: Mm hum.

FOSTER GAMBLE: Or as I was exploring?

C. AUSTIN FITTS: No, it could be as you're exploring the information because I think getting over -

FOSTER GAMBLE: I have trained and taught the non-violent martial art of Aikido for 15 years of my life, so that was tremendous training for me because I knew that attacks would come at me and I have learned and just programmed into my body and soul to recognize that someone's out of balance and if I step out of the way and blend with it and then lead it or ignore it and immobilize it non-violently that that attacking energy can be neutralized without having to hurt anyone.

So that has been my basic approach. I personally owe a tremendous debt of gratitude to Alex Jones who has been a major source of information and research for me over the years. His tone is not mine, but sometimes when someone would complain about Alex Jones like his voice is kind of harsh or something like that and I'd say, listen, if Paul Revere came riding through your town would you be concerned about how the horse smelled or if his voice was a little squeaky? He's saying very important stuff for us all to wake up to.

But I would say that Kimberly has been just a tremendous calming influence on me and also you have, Catherine. I've asked you a lot of times over the years how in the world do you keep your sense of humor



with what the powers that be have put you through? And you regale me with these stories of how when they were raiding Hamilton and so forth how you guys would keep sort of casting it as the movie and who would play whose part and just ways of acknowledging the information but taking it lightly. So you've been a major Aikido teacher for me in that realm, so I may give you an honorary black belt.

“You’ve been a major Aikido teacher for me in that realm, so I may give you an honorary black belt.”

C. AUSTIN FITTS: Well you know at the worst moment I went to church one day in Washington, I had a fabulous church, and the pastor got up and he said, “Look, the devil can have my car, he can have my house, he can have my job, but he cannot have my joy.”

FOSTER GAMBLE: Yeah. That's great.

C. AUSTIN FITTS: I thought that was very good. support you and Kimberly in this effort. and sort of network marketing.

We're running out of time, but tell us what we can do to Tell us how we can best support getting *Thrive* out there

FOSTER GAMBLE: Well number one is just immerse yourself in the film if you're drawn to it and then share it with others, and have the conversations that come up once people have seen it. I'll tell you those old conversations that you tried to have with your conservative uncle or your liberal aunt or whatever that didn't work out, it's a lot easier after they've seen *Thrive* because it takes it to a whole new level of reconciliation on the basis of justice and individual rights and freedom rather than the red shirts or the blue shirts, the usual polarity.

That's the first thing. Just get informed and share it with others. Then I also recommend that you go to the website and start exploring it and especially when you're motivated go to the “What can I do?” section. Go



to solutions and explore the liberty section and the “What can I do?” section. We offer kind of a top ten recommended checklist. Catherine, I remember you used to have 20 steps of coming clean with your life that I did many years ago. This is similar to that where you can actually get a checklist.

The next time you think what can I do as one person, call out the checklist, make sure you’ve done these, and then keep going after that. There are items like bank locally. Take your money out of the tapeworm banks because they multiply it by ten, so if you take \$5,000 out of your local bank you just took \$50,000 of lending power and put it into your local community, and be careful what you do with your money. Pay attention to where you’re buying and what’s happened to those products and the people who made them before you bought them. Invest responsibly. I don’t need to tell Catherine’s audience about that. You’re my beacon for that one. At the core of the whole scam is the central banking system and in fractional reserve scam.

So I highly recommend that if you’re not already that you join an “audit the fed” or “end the fed” movement and just be active in that until we take that back and have a true free market, decentralized in the formation of currencies and so forth, and then do whatever it takes to keep the Internet fair and open because that’s what’s allowing us, and movements like Occupy and so forth, to share information and best practices and mobilize really the first global revolution to create a new world based on justice. In terms of your food, support non-GMO farming and eat organically and if you’re going to be involved politically go after campaign finance reform so that we repeal the citizens united and take the corporate money out of election. Then if you immerse yourself enough that this free energy stuff makes sense to you, if it looks like it’s real to you, which I think it will if you spend very little time on it, then sign up for the critical mass action on our website.

We’re collecting signatures and commitments of people who would want to take action, either large group actions or large funding actions and so forth, and when enough people have signed up then we’ll go into action with the type of funds that would actually provide the



development funding, the security funding, the legal defense funding, and the publicity and marketing funding to actually keep these inventors safe and actually bring their technologies out to market. So those are the sorts of things you can do on an individual basis and there's also lots of suggestions as to large group activities that you can join into as well.

C. AUSTIN FITTS: Well the recent shift of money out of the big banks show that lots of little accounts really count.

FOSTER GAMBLE: Oh, absolutely, and that's really spreading rapidly now.

C. AUSTIN FITTS: The one other thing I wanted to add, Foster is I've gotten lots of very positive feedback on the documentary, but the best feedback I get are from people who've organized either house parties or somebody has organized a group, and so they watch the documentary but then they have a discussion.

FOSTER GAMBLE: Yeah.

C. AUSTIN FITTS: I think one of the reasons they enjoy so much watching it with other people is they really find that it helps shift into a discussion that really does shift to a new level.

FOSTER GAMBLE: Exactly. That's what I'm most excited about is the conversations that are taking place in families, communities, workplaces after seeing the film and visiting the website. It's just been out for two and a half weeks and there have already been approximately 2,000 self-created home gatherings and public screenings just created by people who wanted to share it with their friends.

C. AUSTIN FITTS: Right. So on the website they can come and learn more about how to do that.

FOSTER GAMBLE: Yes. We have a whole hosted screening section where you can download for free a kit that just gives you suggestions as to how to make that be an effective and enjoyable evening.



C. AUSTIN FITTS: Well Foster, I can't thank you enough for joining us on the Solari Report, but I can thank you enough for making *Thrive*.

FOSTER GAMBLE: Well you're welcome. Kimberly and I said we would never say to anyone, "Oh, it was nothing." I really appreciate that acknowledgement and it's just a complete delight and honor to be with your community like this.

C. AUSTIN FITTS: Well this is what I love. From now on if anybody ever says, "Why is nobody doing anything?" I'm just going to slap *Thrive* right down in their little hands and I won't have to say another word. The point will have been proved. Well give my love to Kimberly and you have a wonderful evening, Foster.

FOSTER GAMBLE: Well thank you and happy holidays to you and your whole community.

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